Cabarrus **H**ealth **A**lliance Services

Breast & Cervical Cancer Screening -- Free breast exam, mammogram and PAP test for eligible uninsured low income women ages 40-64. Free breast exams and mammogram appointments for women less than age 40 with breast problems. Call (704) 920-1205 for appointments and information.

Care Coordination for Children (CC4C) – CC4C provides care management services to children birth to five years of age who have identified risks and met program criteria. CC4C care managers will focus on social, medical and developmental needs. Services may include: assistance in making appointments, communication with providers, making referrals, navigation child care options, navigating community resources and programs, etc. For more information and referral call 704-920-1258.

Communicable Disease Services – Investigation and education related to suspected cases of communicable disease. Call (704) 920-1208 for information.

Dental Health Services – Comprehensive dental care for the family. Medicaid, NC Health Choice, private insurance accepted. Sliding fee scale for Cabarrus County residents. Dental Clinics located in Kannapolis and Concord. Call (704) 920-1070 for appointment.

Environmental Health Services – Public pool Inspections, food establishment inspections, permitting for septic tank systems and individual drinking water wells and water testing. Call (704) 920-1207 for information.

Family Planning Services – Exams, lab work, birth control education and birth control methods for women and men. Call (704) 920-1205 for appointment.

Healthy Lives, Healthy Futures (HLHF) free Exercise Classes
The HLHF program seeks to prevent chronic diseases such as diabetes, heart disease, and stroke through positive behavior changes in physical activity and nutrition. Trained community volunteers teach weekly group exercise classes at over 18 church and community sites located throughout Cabarrus, Mecklenburg, and Rowan Counties. A wide variety of classes are offered for all levels including senior based exercise classes and participants are encouraged to work at their own pace. For class days and times, call: 704-920-1337 or visit www.hlhf.org

HIV - All services provided for free. Walk-in confidential screenings, pre/post test counseling and education available Monday and Thursday 8:00am – 5:30pm and Tuesday, Wednesday, and Friday 8:00am – 4:30pm.

Immunizations – State required immunizations for children from birth through age 18. For college bound students – MMR and Tetanus. Adults – Tetanus/Diphtheria are available. Routine Tetanus boosters are given/ recommended every 10 years, but can be given at 5 years if there is a wound, per guidelines from NC Immunization Branch and CDC. Bring immunization record. Immunizations available Monday and Thursday, 8:00 a.m.- 5:30 p.m. and Tuesday, Wednesday, and Friday 8:00 a.m.- 4:30 p.m. Call 704-920-1205 for appointment.

Intensive Home Visiting for Teen Parents (IHV) - IHV services focus on early entry into prenatal care and healthy deliveries, family planning, parenting skills, education completion, life skills, well child care and normal childhood development. Services may include: assistance in making appointments, communication with providers, making referrals, navigation of child care options, navigating community resources and programs, etc. For more information and referrals, call 704-920-1258.

International Travel Immunizations – Consultation and immunizations provided for foreign travel. Charges vary based on vaccines given. Call (704) 920-1231 for an appointment.

Laboratory Services - Family studies for Sickle Cell and blood lead testing/follow-up. Call 704-920-1205 for appointment. Recruiting and collection site for M.U.R.D.O.C.K. study. Call 704-920-1302.

Maternity Services - Medical care for pregnant women. Call (704) 920-1205 for appointment.

Pediatric Services - Routine, well-child checkups, primary care & immunizations. Call (704) 920-1205 for appointment.

Pregnancy Care Management (PCM) - PCM services focus on coordinating care and services for pregnant women who have identified risk factors. Services may include: assistance in making appointments, communication with providers, making referrals, navigating community resources and programs, etc. For more information and referral call 704-920-1258.

Pregnancy Testing – Testing, counseling and referral services. Fee is $22.00 Call (704) 920-1205 for appointment.

Sexually Transmitted Disease Services – Testing, treatment and education for persons suspected of having a sexually transmitted disease. Monday - Friday 8:00 a.m.- 4:00 p.m. Call (704) 920-1205 for appointment.

Strengthening Families Program – Call 704-920-1356 for more information about free participation in a family skills building group. The program is open to families with youth between the ages of 6 and 16. Participants receive free transportation, child care, and dinner at each session. Participant incentives are also provided for adults and youth throughout the program. For participation in this program, a family is defined as a unit with at least one parent/guardian and one minor.

TB Skin Tests & Services - Monday 8:00 a.m.- 5:30 p.m. and Tuesday, Wednesday and Friday 8:00 a.m.- 4:30 p.m. Client must return in 48 -72 hours for reading of skin test. Fee is $20.00. Call (704) 920-1205 for appointment.

Vital Records - Deputy Registrar processes certificates for all births and deaths that occur in Cabarrus County. Call 704-920-1329.

WIC – Supplemental food and nutrition education program for pregnant or postpartum women, infants, and children up to age 5. Breastfeeding information available. Call (704) 920-1204 for appointment.

**Spanish interpreters are available upon request.

Medicaid, NC Health Choice, and Private Insurance Accepted
(BCBSNC, Aetna, Wellpath/Coventry, Cigna)

Reduced fees based on eligibility

Cabarrus Health Alliance
300 Mooresville Road
Kannapolis, N.C. 28081
(704) 920-1000
Se habla español – llame a:
(704) 920-1265

Cabarrus Health Alliance/Dental Clinic
The Village
280 Concord Pkwy.
Suite 110-A
Concord, N.C. 28027
(704) 920-1070

08/2012